CRUK Wave

Pos	StartTime F	Race#	! Name	Last Name	Gend	Age C	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	12:25:30	10	Roxanne	McCarthy	Female	30	F		CRUK Wave	00:04:48	00:02:01	00:48:37	00:00:55	00:15:11	01:11:32
2	12:25:45	11	Sue	Kellett	Female	39	G		CRUK Wave	00:04:09	00:02:09	00:51:32	00:01:02	00:13:33	01:12:25
3	12:23:15	1	Poppy	Grundy	Female	39	G		CRUK Wave	00:08:01	00:04:52	00:46:58	00:00:54	00:14:55	01:15:40
4	12:26:00	12	Louise	Newton	Female	38	G		CRUK Wave	00:06:36	00:02:03	00:53:42	00:01:35	00:15:09	01:19:05
5	12:27:45	19	Hannah	Wennell	Female	44	H		CRUK Wave	00:08:32	00:00:00	00:56:59	00:00:55	00:13:40	01:20:06
6	12:27:15	17	Lynne	Grundy	Female	60	L		CRUK Wave	00:04:44	00:03:43	00:52:17	00:01:34	00:22:01	01:24:19
7	12:26:15	13	Lesley	Eastham	Female	54	J		CRUK Wave	00:05:15	00:03:02	00:57:29	00:01:00	00:21:07	01:27:53
8	12:25:00	8	Naomi	Cook	Female	31	F		CRUK Wave	00:05:36	00:03:05	00:56:43	00:02:44	00:22:44	01:30:52
9	12:25:15	9	Amy	Gardner	Female	30	F		CRUK Wave	00:04:33	00:03:43	01:05:50	00:01:22	00:20:13	01:35:41
10	12:28:00	20	Sarah	Hibbitts	Female	38	G		CRUK Wave	00:05:07	00:02:50	01:13:57	00:01:00	00:14:07	01:37:01
11	12:28:15	21	Claire	Shepherd	Female	51	J		CRUK Wave	00:04:47	00:06:42	01:14:33	00:01:27	00:12:15	01:39:44
12	12:26:45	15	Anglea	Gee	Female	43	Н		CRUK Wave	00:05:03	00:05:34	01:08:10	00:01:54	00:23:41	01:44:22
13	12:26:30	14	Ginette	Wood	Female	44	Н		CRUK Wave	00:04:55	00:06:01	01:08:03	00:01:57	00:23:38	01:44:34