

Swim Course – Triathlon @ Ellesmere

Swim Course

750m = one lap of the triangular course

Olympic & Olympic Relay – 750m x 2 laps = 1500m
You must go through the start gate to start your 2nd lap.

Sprint & Sprint Relay = 750m x 1 lap.

Super Sprint & Fun = 200m x 1 lap (Short course).

Map not to scale

